

# Discipleship Training Ministries, Inc.

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## A Deliverance Session

by Dan Trygg

**Recently, I was called to help expel a demon from someone.** There were about six others besides me, and the individual who was being demonized. Most were young people, so **I thought it would be beneficial to use this as a training opportunity.**

**As far as we can tell from scripture, demons are fallen angels.** They are spirit beings who went along with Satan in his rebellion. They have been driven from heaven and live on our planet. **They influence human affairs on a number of levels.** The Bible makes clear that we are in a spiritual war, with spiritual beings. Our weapons are not fleshly, but spiritual (Eph. 6:10-20; II Cor. 10:3-5). **It is important that we use correct terminology. The original language of the NT does not use the term “demon possession”.** This creates a false impression that someone is totally controlled by a demon, or that demonization happens only to non-Christians, since some believe that the Holy Spirit could not dwell in the same “space” as a demonic spirit. **The Biblical term is “being demonized”.** It is a participle, an “-ing” word describing ongoing or repeated action, or an ongoing state. In a sense, we are all being affected, influenced or harassed by demons every day. It is part of the spiritual war we are in. Jesus Himself was tempted and harassed by the devil (Lk. 4:1-13). Paul mentioned that he was buffeted by “a messenger (angel) of Satan” (II Cor. 12:7). **Being demonized can happen to anyone, at some level or another. The degree of influence or power it may have are widely variable.**

**To help understand the point, I use the illustration of getting a parasite.** Anyone can get one. Having a parasite does not make the person a “bad person”. It just means that they were in the wrong place at the wrong time, or “injected” something tainted, or in some other way were infected. **A demon is like that. Most people don’t sign up to get demonized. They are in the wrong place at the wrong time, or they somehow “opened the door” for the demon, wittingly or unwittingly.**

**Before actually engaging in the expulsion of the demon, it is very important to establish a good foundation to build upon.** To do that, I take people through some Bible passages to clarify how we obtain victory:

**Spiritual 911 Call – Read Psalm 91.**

“He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. <sup>2</sup> I will say to the LORD, ‘My refuge and my fortress, My God, in whom I trust!’ <sup>3</sup> For it is He who delivers you from the snare of the trapper, and from the deadly pestilence. <sup>4</sup> He will cover you with His pinions, and under His wings you may seek refuge; His faithfulness is a shield and bulwark. <sup>5</sup> You will not be afraid of the terror by night, or of the arrow that flies by day; <sup>6</sup> of the pestilence that stalks in darkness, or of the destruction that lays waste at noon. <sup>7</sup> A thousand may fall at your side, and ten thousand at your right hand; *But* it shall not approach you. <sup>8</sup> You will only look on with your eyes, and see the recompense of the wicked. <sup>9</sup> For you have made the LORD, my refuge, even the Most High, your dwelling place. <sup>10</sup> No evil will befall you, nor will any plague come near your tent. <sup>11</sup> For He will give His angels charge concerning you, to guard you in all your ways. <sup>12</sup> They will bear you up in their hands, lest you strike your foot against a stone. <sup>13</sup> You will tread upon the lion and cobra, the young lion and the serpent you will trample down. <sup>14</sup> ‘Because he has loved Me, therefore I will deliver him; I will set him securely on high, because he has known My name. <sup>15</sup> He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him, and honor him. <sup>16</sup> With a long life I will satisfy him, and let him behold My salvation.”

It is important to *personalize it* and *call out to God* to be *your* refuge, *your* fortress, and *your* protector. He promises to deliver you and protect you. Note that you will trample on the lion and the serpent (vs. 15), both symbols used of Satan (cf. Gen.3:1; I Pet. 5:8,9).

**The Church is commissioned to storm Hades’ gates – Matthew 16:18.**

“...upon this rock I will build My church, and Hades’ gates shall not be able to stand against it.”

**We are given the keys of the Kingdom of heaven to bind and loose – Matthew 16:19; cf. 18:18-20.**

“I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.” The keys imply that we have been given authority from Him to loose and utilize the powers and resources of heaven in our spiritual battles.

**Jesus has *all* authority in heaven and earth. *He* has commissioned *us*, and *He* is *with us*.** – Matthew 28:18-20

“And Jesus came up and spoke to them, saying, ‘All authority has been given to Me in heaven and on earth. <sup>19</sup> Go therefore and make disciples... and lo, I am with you always, even to the end of the age.’”

**Jesus has given *us* authority over demons and *all* the power of the enemy** – Luke 10:17-20.

“And the seventy returned with joy, saying, ‘Lord, even the demons are subject to us in Your name.’ <sup>18</sup> And He said to them, ‘I was watching Satan fall from heaven like lightning. <sup>19</sup> Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy, and nothing shall injure you. <sup>20</sup> Nevertheless do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven.’”

**God freed us from the authority of darkness and transferred us to the kingdom of His Son, Jesus** – Col. 1:13.

“He rescued us from the domain (authority) of darkness, and transferred us to the kingdom of His beloved Son”

**In Jesus, God cancelled *every* debt, *every* charge or decree against us.** – Colossians 2:14.

“And when you were dead in your transgressions and the uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our transgressions, <sup>14</sup> having canceled out the certificate of debt consisting of decrees against us *and* which was hostile to us; and He has taken it out of the way, having nailed it to the cross.”

**God stripped the enemy, the rulers and authorities, and made a public spectacle of them.** – Colossians 2:15.

“When He (God) had disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him (Jesus).”

**Jesus became a curse for us, so that He would redeem us (buy us back) from the curse of the Law, ...and so that we might receive the Holy Spirit.** – Galatians 3:10-14.

“For as many as are of the works of the Law are under a curse; for it is written, ‘Cursed is everyone who does not abide by all things written in the book of the Law, to perform them.’ <sup>11</sup> Now that no one is justified by the Law before God is evident; for, ‘The righteous man shall live by faith.’ <sup>12</sup> However, the Law is not of faith; on the contrary, ‘He who practices them shall live by them.’ <sup>13</sup> Christ redeemed us from the curse of the Law, becoming a curse for us-- for it is written, ‘Cursed is everyone who hangs on a tree’-- <sup>14</sup> in order that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we might receive the promise of the Spirit through faith.”

**Jesus rendered the enemy powerless, taking away the *power* of death, and the *fear* of death.** – Hebrews 2:14,15.

“Since then the children share in flesh and blood, He Himself likewise also partook of the same, that through death He might render powerless him who had the power of death, that is, the devil; <sup>15</sup> and might deliver those who through fear of death were subject to slavery all their lives.”

**Revelations 12:11 – We overcome Satan by:**

- 1.) The blood of the Lamb (Jesus). – The price *He* paid.**
- 2.) The word of *our* testimony. – That we have chosen to trust *in Him* for forgiveness and freedom.**
- 3.) Choosing to *not* love our lives before God’s purpose – Obey at *any cost*.**

**No one can bring a charge against us!!** – Romans 8:31-39.

“What then shall we say to these things? If God *is* for us, who *is* against us? <sup>32</sup> He who did not spare His own Son, but delivered Him up for us all, how will He not also with Him freely give us all things? <sup>33</sup> Who will bring a charge against God's elect? God is the one who justifies; <sup>34</sup> who is the one who condemns?”

As we went through these passages, the demonized person had begun to breathe noticeably deeper and more quickly. I mentioned this as a **recognizable sign that the demon was getting agitated**. I mentioned that it was important to watch for noticeable changes, to see God at work. When we began to pray and attempted to anoint the person with oil, the person tried pulling away, batting at us and at the oil. I grabbed the person’s hands, and began to confront the demon. **It surfaced and began mocking**, laughing and claiming that we could not make it leave. **I came back by saying that it had no legitimate claim to stay. Christ had removed every charge, debt or accusation, and it must leave. It resisted, at first.** Finally, after more prayer and insisting it leave, it stared at me for a long while, and suddenly the person went limp, and the demon was gone. Then, the person was there again. She felt “lighter”. She reported that **when the demon was in control, she could see us “as through a tunnel”, but she could not communicate with us.** This was a very simple, straightforward case, ...a good one to learn from. Total time was about two hours, from start to finish. Once again, **Jesus got the victory and set the captive free!**